

TRANSITION FOR ALL

Week 16 Final Issue Transition support

As the academic year draws to a close this will be the final newsletter this year. It has been a pleasure to write each and every one and I have thoroughly enjoyed seeing all of the children's hard work. I know the secondary schools have had a great time reading it all and have appreciated the opportunity to get to know you a little bit better in these difficult times.

As we begin the 6 weeks holidays, I am going to set you a challenge! I would like you to keep a weekly log of all the new things you learn. You will find that you are learning new things more often than you realise!

Here are some of the things I have noticed that I have learned this week, these might help!

**I have been doing a lot of baking recently, this week I learned how to bake a new type of bread!*

**I taught myself how to curl my hair with straighteners! A little thing I know but I have been trying to do this for a long time!*

**I learned that I really don't like rhubarb!*

While you are considering the things you are learning, you might want to think about things you would like to learn. Is there anything you can do to teach yourself during the holidays? For example, I would like to learn how to run for more than 30 seconds without collapsing! Maybe I will use a couch to 5k app to help me over the summer.

Please feel free to send me your weekly learning logs and your learning plans, I will continue to pass everything onto your new schools! liz_stevenson@sandwell.gov.uk



Final Top tips for preparing for secondary school

Don't panic. Things will be different in September, it's ok to be a bit worried but you don't need to panic. Change is scary but it will all soon feel normal! These top tips will help you feel more prepared.

Make sure you have all of your **uniform and equipment** ready. Check websites so that you know exactly what you need.

Keep reading! I know that will come naturally for some and will be harder for others, but the more you read, the more you learn. You will do a lot of reading at secondary school. So it's a good habit to keep.

Run through the **journey** to and from school. If you practise your journey before September it won't be such a big deal on the first day! You have enough to think about that day!

Continue to **keep your own time!** Remember the task where you had to be ready for meal times without warning? Keep setting mini tasks like that. You will need to be able to keep your own track of time in September!

Try to make **decisions** quickly! This might seem silly but you will be asked to make lots of decisions in secondary school and you won't have a lot of time to deliberate! Lunchtime is a prime example! Decision making is a skill!

