



Empathy Discussion

twinkl

Year 5 PSHE for Home Learning

Hi 5T and 5JT, as you are all home for this week. You will be doing the PSHE lessons at home.

Please give the work in with Google Classroom or write the answers on a piece of paper and email it to Mr Taylor or Mr Tonkinson on the year 5 email address.

This lesson is about Empathy. Please complete the worksheet that has been sent to you and send it back completed.

Class Discussion

What is empathy?



Empathy

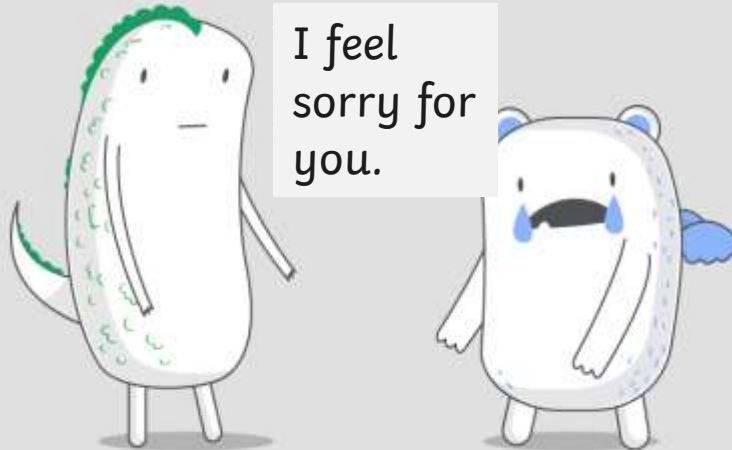
Empathy is understanding how another person is feeling and putting yourself in their shoes. What would it feel like if the same thing happened to you?



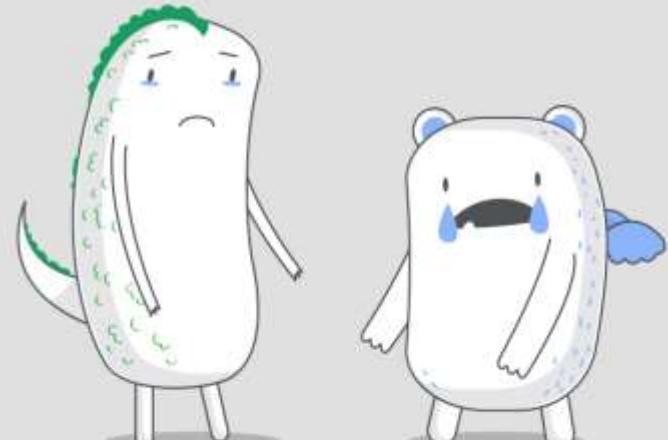
Empathy vs Sympathy

Empathy and sympathy are not the same thing.

SYMPATHY



EMPATHY



I understand how you are feeling. I'm trying to imagine how how you are feeling

Class Discussion

Can you give an example of when you have experienced empathy?





Empathy

Experiencing the feelings of another



You have similar personal experiences



Emotion



Sympathy

Understanding the suffering of another



You acknowledge another's circumstances



Recognition

Class Discussion

Can you give an example of when you have experienced sympathy?



The background of the slide is a colorful illustration of a school campus. On the right, there is a large, multi-story school building with several windows and a red section. To the left, there are green trees and a grassy area. The sky is blue with white clouds. A large, semi-transparent white box with rounded corners is centered on the slide, containing a blue banner with white text.

Use the following slides to decide if the situation is demonstrating empathy or sympathy.

We were very sad for the victims of the floods.

Empathy



Sympathy

During a soccer game a boy fell and broke his arm. His friend said to him, "I really hate that this happened to you."

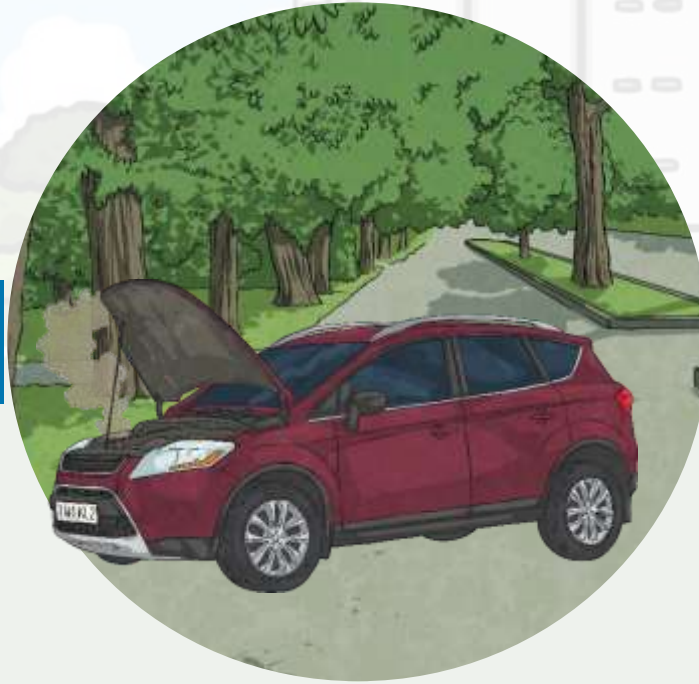
Empathy



Sympathy

While driving home from school we saw a broken down car, we felt sorry for the people waiting for help.

Empathy



Sympathy

When reading about the floods of North Queensland the teacher said,
“It makes me really sad to hear that this has happened.”

Empathy



Sympathy

Class Discussion

What is empathy?



Class Discussion

What is sympathy?

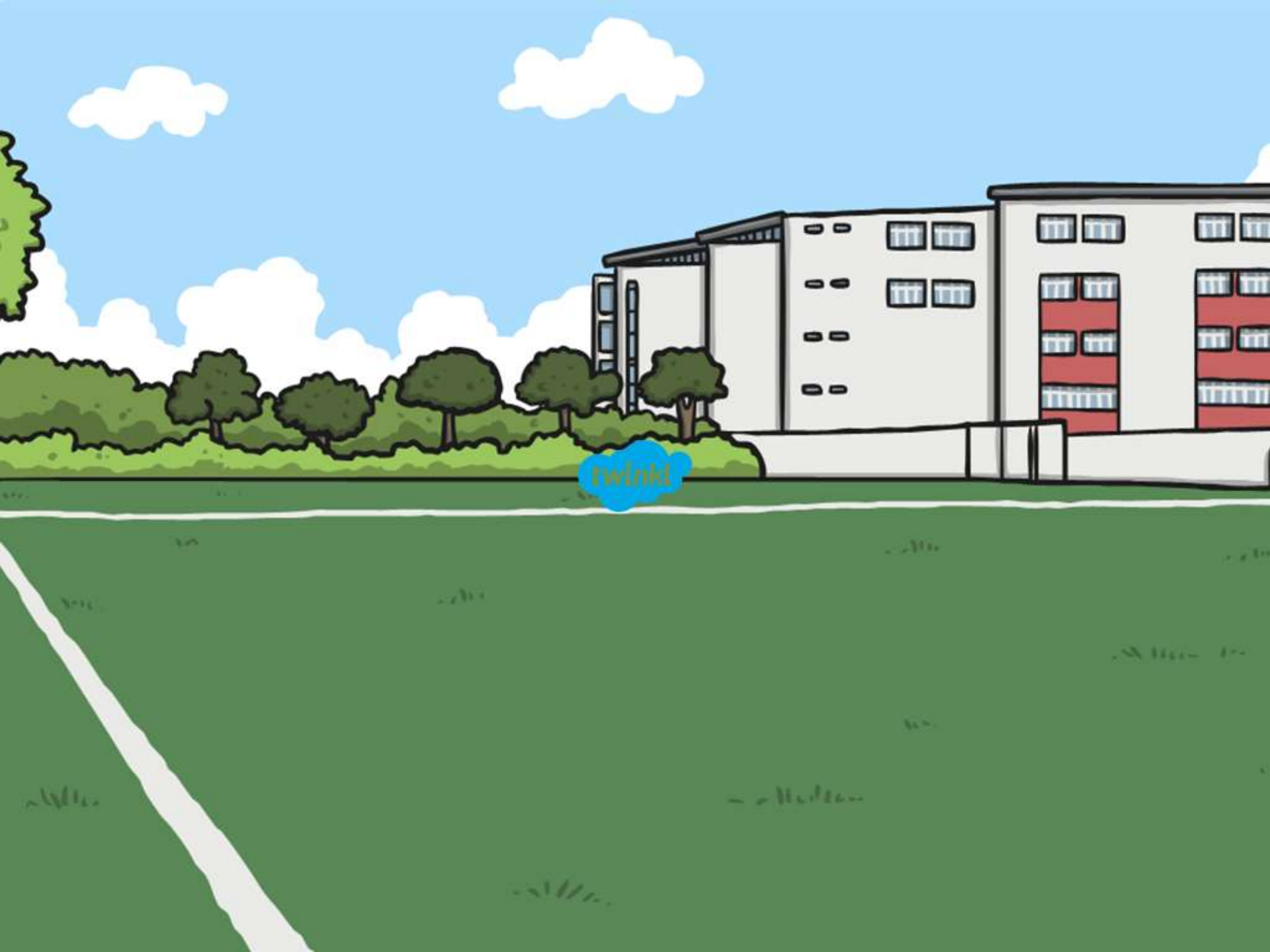


Class Discussion

Who can give an example of empathy?

Class Discussion

Who can give an example of sympathy?



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How would you feel if
this happened to you?



How do you think this girl feels?

What could you do to make her feel better?



This boy is sitting on his own

How do you think he feels?

What could you do to make him feel better?



How do you think this girl feels?



How do you think this boy feels?



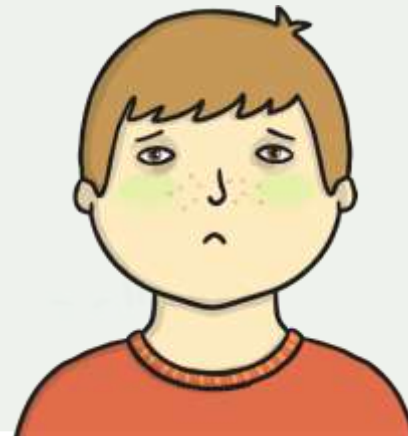
How do you feel when...

...you are playing with friends?

...you are on a very long car journey?

...you are left out of a game?

...you are poorly



Finish these sentences...

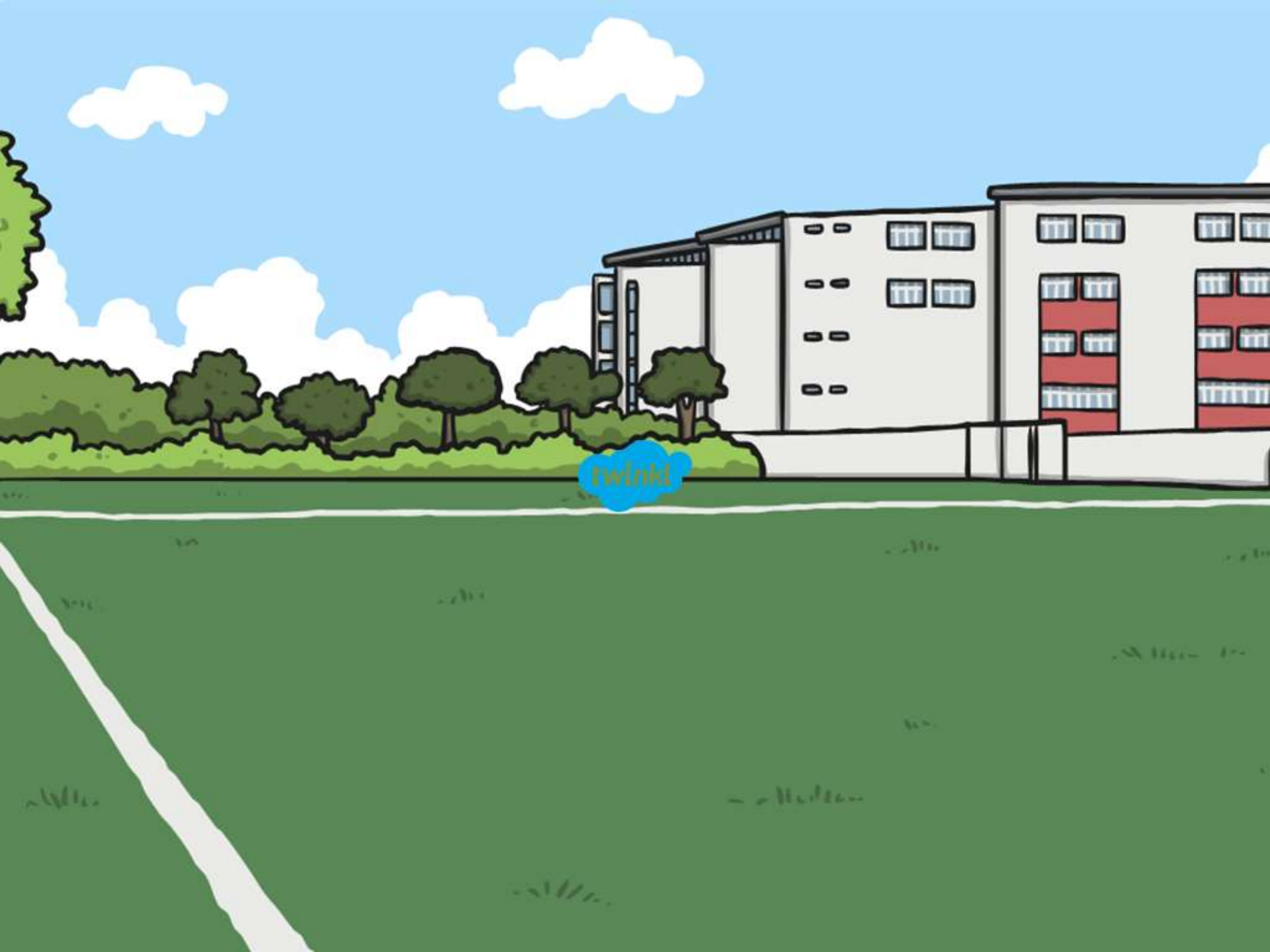
I feel good when...

Other people feel good when I...

I don't feel good when...

I get angry when...





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